

Gymnastics for Youth

Tumbling Tikes 1

This parent participation class is fast moving and fun! Your child will learn pre-gymnastics skills while having fun with ribbons, bean bags, a parachute and gymnastics apparatuses. This class gives parents the opportunity to meet other parents too. Ages 1-2.

Please Note:

- Instructor: Kidz Time.
- For children ages 1-2 years (must be walking) with parent. Only registered children. Please make arrangements for siblings.
- No class held November 10 and December 18-29.

Tumbling Tikes 2

Here's a class for the child who is becoming more independent! Your child will learn tumbling skills and obstacle courses to keep this class moving. Balance beam, bars, mini-trampolines, ribbons, bean bags, a parachute and hula hoops will be introduced in this fun, energetic class. Ages 3-4.

Please Note:

- Instructor: Kidz Time.
- Child must be 3 years old by first day of class or have certificate from Tumbling Tikes I.
- No class held December 18-29.



Gymsters

Participants begin to develop coordination and body awareness in this class. Emphasis is on learning in a fun and challenging environment. Balance beam and mini-trampoline are introduced. Fun routines will be taught. Ages 5-6.

Please Note:

- Instructor: Kidz Time.
- Children must be 5 years old by first day of class.
- No class held December 18-29.

Floor Gym

This class is for both beginners and advanced beginners. Students will be taught rolls, cartwheels, handstands, roundoffs, and backbends as they progress in each skill. Balance beam and mini-trampoline will be taught. Ages 6-8.

Please Note:

- Instructor: Kidz Time.
- Children must be at least 6 years old by first day of class.
- No class held November 10 and December 18-29.

Registration Begins

September 7 for Milpitas residents &
September 21 for non-residents

Be sure to register early. Classes with low enrollments will be canceled a few days prior to their start dates.

Refund Policy

Please choose your classes wisely,
see page 49 for our refund policy.

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
2901.401	Tumbling Tikes 1	1-2	Th	6:30-7:20 pm	Oct 5-Nov 16	MCC	7	\$73 / \$63
2901.402	Tumbling Tikes 1	1-2	F	5:30-6:20 pm	Oct 6-Nov 17*	MCC	6	\$64 / \$54
2901.403	Tumbling Tikes 1	1-2	Th	6:30-7:20 pm	Nov 30-Jan 18*	MCC	6	\$64 / \$54
2901.404	Tumbling Tikes 1	1-2	F	5:30-6:20 pm	Dec 8-Jan 26*	MCC	6	\$64 / \$54
2902.401	Tumbling Tikes 2	3-4	Tu	3:30-4:20 pm	Oct 3-Nov 14	MCC	7	\$73 / \$63
2902.402	Tumbling Tikes 2	3-4	Th	5:30-6:20 pm	Oct 5-Nov 16	MCC	7	\$73 / \$63
2902.403	Tumbling Tikes 2	3-4	Tu	3:30-4:20 pm	Dec 5-Jan 23*	MCC	6	\$64 / \$54
2902.404	Tumbling Tikes 2	3-4	Th	5:30-6:20 pm	Dec 7-Jan 25*	MCC	6	\$64 / \$54
2903.401	Gymsters	5-6	Tu	4:30-5:20 pm	Oct 3-Nov 14	MCC	7	\$73 / \$63
2903.402	Gymsters	5-6	Th	3:30-4:20 pm	Oct 5-Nov 16	MCC	7	\$73 / \$63
2903.403	Gymsters	5-6	Tu	4:30-5:20 pm	Dec 5-Jan 23*	MCC	6	\$64 / \$54
2903.404	Gymsters	5-6	Th	3:30-4:20 pm	Dec 7-Jan 25*	MCC	6	\$64 / \$54
2907.401	Floor Gym	6-8	Tu	5:30-6:20 pm	Oct 3-Nov 14	MCC	7	\$73 / \$63
2907.402	Floor Gym	6-8	F	6:30-7:20 pm	Oct 6-Nov 17*	MCC	6	\$64 / \$54
2907.403	Floor Gym	6-8	Tu	5:30-6:20 pm	Dec 5-Jan 23*	MCC	6	\$64 / \$54
2907.404	Floor Gym	6-8	F	6:30-7:20 pm	Dec 8-Jan 26*	MCC	6	\$64 / \$54

* = Fees are listed as Non-resident / Resident prices. See "Please Note" in class description.

Baby & Me Pilates, Fitness & Walking Programs

Baby & Me Pilates

NEW!

As a parent, you will be strengthening your core abdominals, lower back, hips, buttocks and pelvic area - the areas most affected by pregnancy. In each of the moves your baby is strategically placed to help you maintain proper form and focus and at times, add resistance. Baby & Me Pilates provides an opportunity to stimulate your body through movement, touch, eye contact and facial expressions, all of which can help enhance your baby's cognitive development and motor skills. Ages 5-weeks-1 year.

Please Note:

- Instructor: Kidz Time.
- Participants should wear comfortable clothes to move around in.

Mind, Body & Balance

NEW!

This class will focus on core training with a stability ball while incorporating strength and resistance training. Core strength is important because the muscles of the lower back and abdomen serve as a solid foundation for nearly all bodily activities, movement and posture. By using the stability ball, the mind and body have to focus on balance and form. Ages 13-17.

Please Note:

- Instructor: Kidz Time.
- Participants should wear comfortable clothes to move around in.
- No class held October 31.

Mind & Body Kidz Yoga

NEW!

This new class will allow children to tell a story through self expression, creative and controlled whole body movement. Children will also learn techniques that will explore movement to improve visual acuity, hand-eye coordination and visual reaction time. Ages 3-6.

Please Note:

- Instructor: Kidz Time.
- Participants should wear comfortable clothes to move around in.
- No class held November 22.



Get in shape with the Great Strides Walking Program. This program is offered in conjunction with Kaiser Permanente Medical Group, the Great Mall and the City of Milpitas. Walkers meet at 8:30 am on Mondays and Wednesdays at the Great Mall's Great Eats Court. If walkers are unable to attend during these designated times, they are welcome to walk as their schedules permit. **Contact the Milpitas Sports Center at (408) 586-3225 for more information. TDD users should call (408) 942-3289.**

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
3572.401	Baby & Me Pilates	5w-6m	M	9:00-9:45 am	Oct 2-30	MCC	5	\$70 / \$60
3572.402	Baby & Me Pilates	5w-6m	Sat	9:00-9:45 am	Oct 7-Nov 4	Sports	5	\$70 / \$60
3572.403	Baby & Me Pilates	5w-6m	M	9:00-9:45 am	Nov 13-Dec 11	MCC	5	\$70 / \$60
3572.404	Baby & Me Pilates	5w-6m	Sat	9:00-9:45 am	Nov 11-Dec 9	Sports	5	\$70 / \$60
3572.411	Baby & Me Pilates	7m-1y	M	10:00-10:45 am	Oct 2-30	MCC	5	\$70 / \$60
3572.412	Baby & Me Pilates	7m-1y	M	10:00-10:45 am	Nov 13-Dec 11	MCC	5	\$70 / \$60
3573.401	Mind/Body Yoga	3-6	W	5:30-7:00 pm	Oct 4-Nov 1	Sports	5	\$85 / \$75
3573.402	Mind/Body Yoga	3-6	W	5:30-7:00 pm	Nov 8-Dec 13*	Sports	5	\$85 / \$75
3573.403	Mind/Body Yoga	3-4	F	3:30-4:15 pm	Oct 6-Nov 3	MCC	5	\$70 / \$60
3573.404	Mind/Body Yoga	5-6	F	4:30-5:15 pm	Oct 6-Nov 3	MCC	5	\$70 / \$60
3574.401	Mind/Body/Balance	13-17	Tu	6:30-7:20 pm	Oct 3-Nov 7*	MCC	5	\$70 / \$60
3574.402	Mind/Body/Balance	13-17	Sat	10:00-10:50 am	Oct 7-Nov 4	Sports	5	\$70 / \$60
3574.403	Mind/Body/Balance	13-17	Sat	10:00-10:50 am	Nov 11-Dec 9	Sports	5	\$70 / \$60

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YBA Basketball

YBA - Youth Basketball

For girls and boys, this program's goals include having fun and learning the fundamentals of basketball. Emphasis is on skill development and encouraging positive attitudes towards winning and losing, teamwork, the opposing team and officials. Participants play at least half of every game. Register early, this popular program fills up quickly.

Organizational Day:

Teams will be determined on Saturday, January 6, 2007, at the Sports Center.

Grades 3-4: 9:30-10:45 am

Grades 5-6: 11:00 am-12:15 pm

Grades 7-8: 12:30-1:45 pm

Participants must attend during their appropriate time for team formations.

Participants who do not attend will be placed on teams and changes will not be permitted.

Please Note:

- Instructor: South PawPrep and Steve Cain.
- All practices are held at the Milpitas Sports Center. Practice days and times will be determined once teams are formed.
- Grades 3-6 will play games at Milpitas High School, 1285 Escuela Pkwy. Grades 7-8 will play games at the Milpitas Sports Center, 1325 E. Calaveras Blvd. Game schedules will be distributed once teams are formed and meet for their first practice.
- All participants receive a reversible jersey (*indicate shirt size when registering, i.e. Child Large or Adult Small*).



YBA Coaching Clinic

Attention: Volunteer YBA Coaches needed! Please call Volunteer Services at (408) 586-3207. A Coaches Clinic will be held Saturday, January 6, 2007, at 3:00 pm at the Milpitas Sports Center. All volunteer coaches must have a fingerprint clearance prior to volunteering as a YBA coach. To reserve your space, or for more information, call the Class Program Coordinator at (408) 586-3207.



Registration Begins

September 7 for Milpitas residents & September 21 for non-residents

Be sure to register early. Classes with low enrollments will be canceled a few days prior to their start dates.

Refund Policy

Please choose your classes wisely, see page 49 for our refund policy.

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
3905.401	YBA - Grades 3-4			10:00 am-12:00 pm	Jan 6-Mar 17	See Desc.	10	\$90 / \$80
3905.402	YBA - Grades 5-6			12:00-2:00 pm	Jan 6-Mar 17	See Desc.	10	\$90 / \$80
3905.403	YBA - Grades 7-8			11:00 am-1:00 pm	Jan 6-Mar 17	See Desc.	10	\$90 / \$80

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Golf & Rock Climbing

Nike Jr. Golf Academy

Nike Golf Learning Centers' Junior Academy is designed to teach juniors the game of golf in a fun, safe environment. The curriculum combines golf skills with character development. Juniors will learn swing fundamentals, etiquette and the Pillars of Character as designed by CHARACTER COUNTS! Students will receive four one-hour lessons, bag tag, and a Nike Junior Cap. Ages 6-17.

Please Note:

- Instructor: Bay Area Golf Learning Centers.
- Summitpointe Golf Course, 1500 Country Club Dr., Milpitas.
- Golf clubs and balls are provided during class.
- In case of rain, call (408) 262-8813.
- No class held November 23.

Mini-Pebble Program

Youngsters with a little extra energy will be overjoyed to hear about this class! Each climbing class is taught by our trained climbing instructors who specializes in working with children. One parent will participate with their child and work as a team in a fun, safe and exciting environment. Each session is designed to build confidence while trying to climb to new heights! Ages 3-6.

Please Note:

- Instructor: City Beach Staff.
- City Beach, 4020 Technology Drive, Fremont.

Pebble Program

The child with a little extra energy will be excited to hear about what happens on Saturday mornings. Each climbing class is taught by our experienced instructors who specialize in working with children. Students learn about safety, tying knots, belaying and working as a team in a fun and exciting environment. Each session is designed to build upon the last but work within each child's natural ability. Month long commitment includes Gym Membership. Ages 7-11.

Please Note:

- Instructor: City Beach Staff.
- City Beach, 4020 Technology Drive, Fremont.



Parent/Child Belay Lesson

The goal of this class is to teach parents how to belay their children while rock climbing at City Beach's indoor rock climbing gym. Under the supervision of professional climbing instructors, parents will learn to tie knots, put on harness and communicate with their climbing partner in addition to safe rope handling techniques. Parents will then belay children while climbing and learn to monitor safely. After the class, participants can climb the rest of the day. Ages 3-11.

Please Note:

- Instructor: City Beach Staff.
- City Beach, 4020 Technology Drive, Fremont.
- Class meets October 8 & 22, November 12 & 26, and December 10.

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
3704.401	Nike Jr. Golf - Beg	6-17	Tu	4:00-5:00 pm	Sep 5-26	See Desc.	4	\$89 / \$79
3704.402	Nike Jr. Golf - Beg.	6-17	Th	4:00-5:00 pm	Sep 7-28	See Desc.	4	\$89 / \$79
3704.403	Nike Jr. Golf - Beg.	6-17	Sat	12:00-1:00 pm	Sep 9-30	See Desc.	4	\$89 / \$79
3704.404	Nike Jr. Golf - Int.	6-17	Sat	1:00-2:00 pm	Sep 9-30	See Desc.	4	\$89 / \$79
3704.405	Nike Jr. Golf - Beg.	6-17	Tu	4:00-5:00 pm	Oct 3-24	See Desc.	4	\$89 / \$79
3704.406	Nike Jr. Golf - Beg.	6-17	Th	4:00-5:00 pm	Oct 5-26	See Desc.	4	\$89 / \$79
3704.407	Nike Jr. Golf - Beg.	6-17	Sat	12:00-1:00 pm	Oct 7-28	See Desc.	4	\$89 / \$79
3704.408	Nike Jr. Golf - Int.	6-17	Sat	1:00-2:00 pm	Oct 7-28	See Desc.	4	\$89 / \$79
3704.409	Nike Jr. Golf - Beg.	6-17	Tu	4:00-5:00 pm	Nov 7-28	See Desc.	4	\$89 / \$79
3704.410	Nike Jr. Golf - Beg.	6-17	Th	4:00-5:00 pm	Nov 2-30*	See Desc.	4	\$89 / \$79
3704.411	Nike Jr. Golf - Beg.	6-17	Sat	12:00-1:00 pm	Nov 4-25	See Desc.	4	\$89 / \$79
3704.412	Nike Jr. Golf - Int.	6-17	Sat	1:00-2:00 pm	Nov 4-25	See Desc.	4	\$89 / \$79
3743.401	Mini Pebble	3-6	Sat	9:30-11:00 am	Oct 7-28	City Beach	4	\$85 / \$75
3743.402	Mini Pebble	3-6	Sat	9:30-11:00 am	Nov 4-25	City Beach	4	\$85 / \$75
3743.403	Mini Pebble	3-6	Sat	9:30-11:00 am	Dec 2-23	City Beach	4	\$85 / \$75
3742.401	Pebble Prog.	7-11	Sat	9:00-11:00 am	Oct 7-28	City Beach	4	\$85 / \$75
3742.402	Pebble Prog.	7-11	Sat	9:00-11:00 am	Nov 4-25	City Beach	4	\$85 / \$75
3742.403	Pebble Prog.	7-11	Sat	9:00-11:00 am	Dec 2-23	City Beach	4	\$85 / \$75
3749.401	Parent/Child Belay	3-11	Sun	1:00-3:00 pm	See Desc.	City Beach	5	\$39 / \$29

* = Fees are listed as Non-resident / Resident prices. See "Please Note" in class description.

Soccer for Youth



Parent & Me Soccer

Introduce yourself and your toddler to the "World's most popular game!" As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field and you won't have to watch from the sidelines. Ages 2-3.5.

Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required.
- No class held November 24-25.

Tot Soccer

Young children will develop large motor skills while having fun running and kicking just like the big kids! Ages 3.5-4.

Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required.
- No class held November 24-25.

Pre-Soccer

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Ages 4-5.

Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required.
- No class held November 24-25.

Soccer 1

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his/her feet. Small-sized soccer matches will be introduced gradually. Ages 5-6.

Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required.
- No class held November 24-25.

Soccer 2 & Soccer 3

Play the exciting game of Soccer! Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Attack and Scoring Goals! Pace and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer...where the score is always FUN to FUN!™ Ages 7-8 (Soccer 2) and 9-12 (Soccer 3).

Please Note:

- Instructor: Kidz Love Soccer.
- Shin guards required.
- No class held November 24-25.

Registration Begins

September 7 for Milpitas residents &
September 21 for non-residents

Be sure to register early. Classes with low enrollments will be canceled a few days prior to their start dates.

Refund Policy

Please choose your classes wisely,
see page 49 for our refund policy.

Soccer Rainout Hotline

1-800-871-2275

Please check message one-half
hour prior to your class time.

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee (N-R / Res)*
3772.401	Parent/Me	2-3.5	Tu	3:15-3:45 pm	Oct 3-Nov 21	Gill Pk.	8	\$88 / \$78
3772.402	Parent/Me	2-3.5	F	3:15-3:45 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3772.403	Parent/Me	2-3.5	Sat	11:00-11:30 am	Oct 7-Dec 2*	Adobe Pk.	8	\$88 / \$78
3774.401	Tot Soccer	3.5-4	F	10:00-10:30 am	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3774.402	Tot Soccer	3.5-4	F	2:15-2:45 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3774.403	Tot Soccer	3.5-4	Sat	4:20-4:50 pm	Oct 7-Dec 2*	Adobe Pk	8	\$88 / \$78
3775.401	Pre-Soccer	4-5	F	10:30-11:05 am	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3775.402	Pre-Soccer	4-5	F	2:45-3:20 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3775.403	Pre-Soccer	4-5	Sat	2:00-2:35 pm	Oct 7-Dec 2*	Adobe Pk	8	\$88 / \$78
3773.401	Soccer 1	5-6	F	3:20-4:05 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3773.402	Soccer 1	5-6	Sat	2:35-3:20 pm	Oct 7-Dec 2*	Adobe Pk	8	\$88 / \$78
3776.401	Soccer 2	7-8	F	4:05-4:50 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3776.402	Soccer 2	7-8	Sat	3:20-4:05 pm	Oct 7-Dec 2*	Adobe Pk	8	\$88 / \$78
3777.401	Soccer 3	9-12	F	4:05-5:05 pm	Oct 6-Dec 1*	Gill Pk.	8	\$88 / \$78
3777.402	Soccer 3	9-12	Sat	3:20-4:20 pm	Oct 7-Dec 2*	Adobe Pk	8	\$88 / \$78

* = Fees are listed as Non-resident / Resident prices.

Tennis Classes for Youth & Teens

NEW!

Slams - Youth Tennis

Class focus is on the basic athletic skills of tossing, catching, running and ball tracking. Physically, students begin using their core muscles to maintain a dynamic balance, keep their head still at contact and maintain a consistent contact or release point. Students will learn basic racquet skills while parents are always encouraged to take part in the lessons becoming a working partner with their child. Ages 4-6.

Please Note:

- Instructor: Barry Poole, USPTA.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 25.

NEW!

Super Slams - Youth Tennis

The focus of this class will be on balance, movement, ball tracking, catching and tossing. A variety of tennis balls will be used for skills and drills, while emphasis on racquet skills will be covered based on age and ability. Parents are strongly encouraged to take part in this class. Ages 5-7.

Please Note:

- Instructor: Barry Poole, USPTA.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 23-25.



*Turn the page for additional
Tennis Classes!*

**Tennis Rainout Hotline
(408) 569-3109**

Please call prior to class for
rainy weather updates

Satellite - Youth Tennis

Youngsters between the ages of 7-11 who have had tennis experience will feel comfortable in this class. Focus will be on core elements of maintaining balance, keeping the head still, and consistent contact point. Students will develop the ability of maintaining a rally, and learning how to read their opponent. They will also learn how to construct a point, and then play it out. As they develop those skills, they can then step up to the next level. Ages 7-11.

Please Note:

- Instructor: Barry Poole, USPTA.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 25.

Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
3702.401	Slams Tennis	4-6	MW	3:30-4:00 pm	Sep 11-Oct 4	Hall Pk.	8	\$70 / \$60
3702.402	Slams Tennis	4-6	Sat	12:00-12:30 pm	Sep 9-30	Hall Pk.	4	\$40 / \$30
3702.403	Slams Tennis	4-6	MW	3:30-4:00 pm	Oct 9-Nov 1	Hall Pk.	8	\$70 / \$60
3702.404	Slams Tennis	4-6	Sat	12:00-12:30 pm	Oct 7-28	Hall Pk.	4	\$40 / \$30
3702.405	Slams Tennis	4-6	MW	3:30-4:00 pm	Nov 6-29	Hall Pk.	8	\$70 / \$60
3702.406	Slams Tennis	4-6	Sat	12:00-12:30 pm	Nov 4-Dec 2*	Hall Pk.	4	\$40 / \$30
3730.401	Super Slams	5-7	Tu/Th	3:30-4:00 pm	Sep 12-Oct 5	Hall Pk.	8	\$70 / \$60
3730.402	Super Slams	5-7	Sat	12:30-1:00 pm	Sep 9-30	Hall Pk.	4	\$40 / \$30
3730.403	Super Slams	5-7	Tu/Th	3:30-4:00 pm	Oct 10-Nov 2	Hall Pk.	8	\$70 / \$60
3730.404	Super Slams	5-7	Sat	12:30-1:00 pm	Oct 7-28	Hall Pk.	4	\$40 / \$30
3730.405	Super Slams	5-7	Tu/Th	3:30-4:00 pm	Nov 7-Dec 5*	Hall Pk.	8	\$70 / \$60
3730.406	Super Slams	5-7	Sat	12:30-1:00 pm	Nov 4-Dec 2*	Hall Pk.	4	\$40 / \$30
3731.401	Satellite	7-11	MW	4:00-5:00 pm	Sep 11-Oct 4	Hall Pk.	8	\$106 / \$96
3731.402	Satellite	7-11	Sat	11:30 am-12:30 pm	Sep 9-30	Hall Pk.	4	\$58 / \$48
3731.403	Satellite	7-11	MW	4:00-5:00 pm	Oct 9-Nov 1	Hall Pk.	8	\$106 / \$96
3731.404	Satellite	7-11	Sat	11:30 am-12:30 pm	Oct 7-28	Hall Pk.	4	\$58 / \$48
3731.405	Satellite	7-11	MW	4:00-5:00 pm	Nov 6-29	Hall Pk.	8	\$106 / \$96
3731.406	Satellite	7-11	Sat	11:30 am-12:30 pm	Nov 4-Dec 2*	Hall Pk.	4	\$58 / \$48

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Tennis Classes for Youth & Teens

NEW!

Novice - Youth/Teen Tennis

Youngsters between the ages of 10-15, who have had little or no tennis experience will feel at home in this class. The core basics will be covered along with the ability to maintain a rally, construct a point, and read the opponent. In addition, students will begin preparing for a more competitive challenge. Skills, drills, and thrills will include cooperative and competitive based opportunities. The goal is the preparation toward match play. Ages 10-15.

Please Note:

- Instructor: Barry Poole, USPTA.
- Class held at Hall Park.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 25.

Challengers - Youth/Teen Tennis

Youngsters who have begun to master the rally will find this clinic exciting, fun and challenging. They will encounter such hidden skills as court positioning, getting the opponent to feed your tiger, and learning when to win, meet or lose the collision. They will also begin using the 5 tactical priorities in the construction of points, and along with using their personal 5 goals of fun, the right tool for the job, balance, and quiet head and hands, to guide their shot selection and decision making. Ages 10-15.

Please Note:

- Instructor: Barry Poole, USPTA.
- Class held at Hall Park.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 23-25.



Tennis Rainout Hotline (408) 569-3109

Please call prior to class for rainy weather updates

Grand Slam- Youth/Teen Tennis

This class is designed specifically to test students physically, technically, mentally, emotionally, and strategically. They'll begin developing a weapon that they will know when, why and how to use effectively. They will begin to develop the feel of reading their opponent, knowing just what to expect, and correctly positioning themselves to take away any opening that their opponent may have. Students will have a game plan to execute and make adjustment based on their opponent. Ages 10-15.

Please Note:

- Instructor: Barry Poole, USPTA.
- Class held at Hall Park.
- All participants are required to bring a racquet and tennis balls to each class meeting. Students should wear athletic shoes and comfortable clothing.
- No class held November 23.

Registration Begins

September 7 for Milpitas residents &
September 21 for non-residents

Be sure to register early. Classes with low enrollments will be canceled a few days prior to their start dates.

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Act. #	Course	Age	Day	Time	Date	Location	# Class	Fee(N-R / Res)*
3723.401	Novice Tennis	10-15	MW	5:00-6:30 pm	Sep 11-Oct 4	Hall Pk.	8	\$150 / \$140
3723.402	Novice Tennis	10-15	Sat	1:30-3:00 pm	Sep 9-30	Hall Pk.	4	\$80 / \$70
3723.403	Novice Tennis	10-15	MW	5:00-6:30 pm	Oct 9-Nov 1	Hall Pk.	8	\$150 / \$140
3723.404	Novice Tennis	10-15	Sat	1:30-3:00 pm	Oct 7-28	Hall Pk.	4	\$80 / \$70
3723.405	Novice Tennis	10-15	MW	5:00-6:30 pm	Nov 6-29	Hall Pk.	8	\$150 / \$140
3723.406	Novice Tennis	10-15	Sat	1:30-3:00 pm	Nov 4-Dec 2*	Hall Pk.	4	\$80 / \$70
3707.401	Challengers	10-15	Tu/Th	4:00-5:30 pm	Sep 12-Oct 5	Hall Pk.	8	\$150 / \$140
3707.402	Challengers	10-15	Sat	1:30-3:00 pm	Sep 9-30	Hall Pk.	4	\$80 / \$70
3707.403	Challengers	10-15	Tu/Th	4:00-5:30 pm	Oct 10-Nov 2	Hall Pk.	8	\$150 / \$140
3707.404	Challengers	10-15	Sat	1:30-3:00 pm	Oct 7-28	Hall Pk.	4	\$80 / \$70
3707.405	Challengers	10-15	Tu/Th	4:00-5:30 pm	Nov 7-Dec 5*	Hall Pk.	8	\$150 / \$140
3707.406	Challengers	10-15	Sat	1:30-3:00 pm	Nov 4-Dec 2*	Hall Pk.	4	\$80 / \$70
3732.401	Grand Slam	10-15	Tu/Th	4:00-6:00 pm	Sep 12-Oct 5	Hall Pk.	8	\$202 / \$192
3732.402	Grand Slam	10-15	Tu/Th	4:00-6:00 pm	Oct 10-Nov 2	Hall Pk.	8	\$202 / \$192
3732.403	Grand Slam	10-15	Tu/Th	4:00-6:00 pm	Nov 7-Dec 5*	Hall Pk.	8	\$202 / \$192

* = Fees are listed as Non-resident / Resident prices.